

Center for Physical Therapy and Exercise (CPTe)



Fall Newsletter

October 2009



CPTe NEWS

HUDSON— Rick Rabito, DPT has joined our staff and is already doing great things in Hudson.

Andrea Jette has joined the Hudson staff as the receptionist and aide. Welcome Andrea!

MERRIMACK—Sandra Mae Rastoder has moved to Merrimack to assist Todd as receptionist and aide.

NASHUA—Suzanne Valcour and John Darah have joined the Nashua staff as receptionists. Welcome Suzanne and John!



CPTe MANAGEMENT—Patsy Wolber, PT has moved out of patient care in order to support the therapy staff through continuing education and practice management.

John Peterson, PT is working closely with our athletic trainers and with sports groups promoting our sports rehab services and providing injury care expertise to coaches, athletes, and parents.

Jack Wolber has been assisting Fred Daniels on marketing and promotions. His vast experience has been a huge help in Fred's efforts to increase community and physician awareness of CPTe.

CPTe's Exciting New Web Site www.cpte.net

CPTe has updated and enhanced its web site. It is loaded with great information about our services, our philosophy, as well as, articles, tips, and past issues of our newsletters. We provide contact information for our clinics and staff, and interesting background information about them. We also include a Bad Weather section, so you know if we are open or closing during bad weather. So, check us out! We welcome any feedback in improving our web site.

CPTe Sports News

Team CPTe competed in the TDD Triathlon in September. Patsy Wolber, Fred Daniels, Patsy's husband and son, Fred's son, and two friends survived the 1/4 mile swim, 11 mile bike, and 3 mile run and had a great time. You will hear more about Team CPTe in the future.



**Don't let those lingering aches and pains keep you from enjoying the fall.
Call any clinic for a FREE INJURY ASSESSMENT**

We are 20 Years old!

CPTe celebrated it's 20th Anniversary on September 5th with a company pool party. The party included great food, plenty of pool activities (i.e. throwing the owners and managers in), and a visit from an ice cream truck (all the ice cream you could eat). It was a great start to celebrate a great history. More anniversary activities will be scheduled throughout the next 10 months. We will keep you posted.

A little bit of CPTe history

CPTe opened its doors on September 5, 1989 at it's Nashua location. We were the second tenant in the building (originally a Digital Corp. computer/production facility). Over the past 20 years, the Nashua clinic has seen many changes (three different front doors and three different reception areas) but remains one of the largest private practices in the area.

Our therapy pool is a unique feature that was built in 1989. We are the only physical therapy practice with its own in-house pool. We also provide the only warm-water therapy pool in the area.

The Nashua clinic includes a fully equipped fitness center including aerobic and strength equipment. We offer a variety of fitness services and memberships. Check out our web site for details.

Nashua
522 Amherst St.
880-0448

Manchester
340 Granite St.
626-0760

Merrimack
416 D.W. Highway
262-9240

Hudson
77 Derry Road
546-0335

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